



**CHICAGO PARK DISTRICT
SWIMMING
SWIM TEST VERIFICATION**



SUMMER 2005

All children registering for Chicago Park District Swim Camp programs must successfully pass a swim test. Present this form at ANY Chicago Park District indoor pool. The Natatorium Instructor **MUST** sign the form after successful completion of the swim test. The swim test includes:

250-yard continuous swim, any stroke

50-yard Backstroke, 50-yard Breaststroke and 50-yard Butterfly with turns

Perform a long shallow(racing) dive from edge of pool deck

SWIMMER'S NAME _____

ADDRESS _____

AGE _____ DATE OF BIRTH _____

This certifies that the above named swimmer has successfully completed the Junior Lifeguard pretest.

Natatorium Instructor Signature

Natatorium Instructor Printed Name

DATE

Present this completed verification form to one of the following locations to complete the registration process.

Registration Locations

Whitney Young High School

Portage Park

Washington Park

Date

May 31st – June 3rd

May 27th – June 4th

May 27th – June 4th