

chicago park district

FREE FITNESS CENTER USAGE WITH A DOCTOR'S PRESCRIPTION

The Chicago Park District cares about the health of all Chicago citizens. With this in mind, we are offering complimentary use of park fitness centers for all Chicagoans who have a doctor's prescription for exercise needed for an obesity-related disease (diabetes, asthma, high blood pressure, heart disease, etc.).

To take advantage of your ONE FREE SESSION (12 weeks maximum) Fitness Center Pass, you must bring the following information to the park, region office, or Chicago Park District administration office located at 541 N. Fairbanks, Chicago, IL, 60611.

- ❖ Medical doctor prescription stating exercise needed for obesity related disease (diabetes, high blood pressure, hypertension, asthma, etc.).
NOTE: THE RECOMMENDED EXERCISE NEEDS TO BE STATED IN THE PRESCRIPTION and the patron must have a BMI > 26 and noted in the prescription by the medical staff.
- ❖ Legal photo ID and a piece of mail verifying address.

Rules and regulations are as follows:

- ❖ Participant can use the fitness center during all open hours, as many times a week as desired or prescribed.
- ❖ Participants will receive one free fitness center pass. This pass can only be used FOR ONE FREE SESSION (12 weeks maximum) throughout the park district. Please do not attempt to utilize multiple free sessions at various parks. Participant information will be kept at the specific park and the Chicago Park District administration office.
- ❖ Passes expire at the end of each session (winter, spring, summer and fall).

For any further information on this program, please call the Chicago Park District at 312.742.PLAY or 312.747.2001 (TTY), or visit us at www.chicagoparkdistrict.com.



City of Chicago, Richard M. Daley, Mayor
Chicago Park District Board of Commissioners
Chicago Park District, Timothy J. Mitchell, General Superintendent & CEO
For more information about your Chicago Park District, visit www.chicagoparkdistrict.com
or call 312.742.PLAY or 312.747.2001 (TTY).

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FITNESS CENTERS

- Altgeld Park**, 515 S. Washtenaw Ave., 60612, 312.746.5001
Amundsen Park, 6200 W. Bloomingdale Ave., 60639, 312.746.5003
Archer Park, 4901 S. Kilbourn Ave., 60632, 773.284.7029
Armour Square Park, 3309 S. Shields Ave., 60616, 312.747.6012
Austin Town Hall Park, 5610 W. Lake St., 60644, 773.287.7658
Avalon Park, 1215 E. 83rd St., 60619, 312.747.6015
* **Broadway Armory Park**, 5917 N. Broadway St., 60660, 312.742.7502
Brooks Park, 7100 N. Harlem Ave., 60631, 773.631.4401
Calumet Park, 9801 S. Ave G, 60617, 312.747.6039
Carver Park, 939 E. 132nd St., 60627, 312.747.6047
Clarendon Park Community Center, 4501 N. Clarendon Ave., 60640, 312.742.7512
Columbus Park, 500 S. Central Ave., 60644, 773.287.7641
Daley Bicentennial Plaza, 337 E. Randolph St., 60601, 312.742.7648
Davis Square Park, 4430 S. Marshfield Ave., 60609, 312.747.6107
* **Don Nash Community Center**, 1833 E. 71st St., 60649, 773.256.0904
* **Douglas Park**, 1401 S. Sacramento Dr., 60623, 773.762.2842
* **Eckhart Park**, 1330 W. Chicago Ave., 60622, 312.746.5490
Fernwood Park, 10436 S. Wallace St., 60628, 312.747.6132
Fosco Park, 1312 S. Racine St., 60608, 312.746.5086
Foster Park, 1440 W. 84th St., 60620, 312.747.6135
* **Fuller Park**, 331 W. 45th St., 60609, 312.747.6144
* **Gage Park**, 2411 W. 55th St. 60632, 312.747.6147
Gale School Park, 1610 W. Howard St., 60626, 773.262.6737
* **Garfield Park**, 100 N. Central Park Ave., 60624, 312.746.5092
Gill Park, 825 W. Sheridan Rd., 60613, 312.742.7802
Grand Crossing Park, 7655 S. Ingleside Ave., 60619, 312.747.6158
Hamlin Park, 3035 N. Hoyne Ave., 60618, 312.742.7785
Harris Recreation Center, 6200 S. Drexel Blvd., 60637, 312.747.2706
* **Harrison Park**, 1824 S. Wood St., 60608, 312.746.5491
Hayes Park, 2936 W. 85th St., 60652, 312.747.6177
* **Hiawatha Park**, 8029 W. Forest Preserve Dr., 60634, 312.746.5559
* **Homan Square Park**, 3559 W. Arthington St., 60624, 312.746.6650
* **Humboldt Park**, 1400 N. Sacramento Ave., 60622, 312.742.7549
* **Independence Park**, 3945 N. Springfield Ave., 60618, 773.478.3538
Jackson Park, 6401 S. Stony Island Ave., 60637, 773.256.0903
* **Jesse Owens Park**, 2032 E. 88th St., 60617, 312.747.6709
Kelvyn Park, 4438 W. Wrightwood Ave., 60639, 312.742.7547
* **Kennicott Park**, 4434 S. Lake Park Ave., 60653, 312.747.7138
LaFollette Park, 1333 N. Laramie Ave., 60651, 312.746.5316
Lake Shore Park, 808 N. Lake Shore Dr., 60611, 312.742.7891
Lindblom Park, 6054 S. Damen Ave., 60636, 312.747.6443
* **Margate Park**, 4921 N. Marine Dr., 60640, 312.742.7522
* **McFetridge Sports Center**, 3843 N. California Ave., 60618, 773.478.2609
McGuane Park, 2901 S. Poplar Ave., 60609, 312.747.6497
Mozart Park, 2036 N. Avers St., 60647, 312.742.7535
Norwood Park, 5801 N. Natoma Ave., 60631, 773.631.4893
Ogden Park, 6500 S. Racine Ave., 60636, 312.747.6572
Palmer Park, 201 E. 111th St., 60628, 312.747.6576
Peterson Park, 5801 N. Pulaski Rd., 60646, 312.742.7584
Piotrowski Park, 4247 W. 31st St., 60623, 312.747.6608
Pottawattomie Park, 7340 N. Rogers Ave., 60626, 773.262.5835
Rainbow Beach & Park, 3111 E. 77th St., 60649, 312.745.1479
* **Ridge Park**, 9625 S. Longwood Dr., 60643, 312.747.6639
Russell Square Park, 3045 E. 83rd St., 60617, 312.747.6651
* **Rutherford Sayre Park**, 6871 W. Belden Ave., 60635, 312.746.5368
Scottsdale Park, 4620 W. 83rd St., 60652, 773.284.1826
Shabbona Park, 6935 W. Addison St., 60634, 773.685.6205
* **Sherman Park**, 1301 W. 52nd St., 60609, 312.747.6672
Sherwood Park, 5701 S. Shields Ave., 60621, 773.256.0926
* **Taylor Park-In Bronzeville**, 39 W. 47th St., 60609, 312.747.6728
* **Taylor-Lauridsen Park**, 647 W. Root St., 60609, 312.747.6729
Trumbull Park, 2400 E. 105th St., 60617, 312.747.6759
Union Park, 1501 W. Randolph St., 60607, 312.746.5494
Washington Park, 5531 S. Martin Luther King Dr., 60637, 773.256.1248
* **Welles Park**, 2333 W. Sunnyside Ave., 60625, 312.742.7511
West Lawn Park, 4233 W. 65th St., 60629, 773.284.2803

* These fitness centers feature accessible equipment.