



CHICAGO PARK DISTRICT



Uplift H.S. pool/Clarendon Park | spring 2019 | April 1 - June 8

900 W. Wilson | 312-742-7709 [pool] | 312-742-7512 [park]

TIME	MON	TUE	WED	THU	FRI	TIME	SAT	TIME	SUN
3:00 – 4:00pm	In service training	In service training	In service training	In service training	In service training	9:00-10:00 AM	Adult swim		
4:15pm – 5:15pm	Learn to swim youth		Learn to swim youth		Learn to swim youth	10:00-11:00 AM	Tiny tot level 1		
5:15 – 7:00pm			Team Sports		Team Sports	11:00-12:00 PM	Tiny tot level 2		
5:30 – 7:00pm			Team Sports		Team Sports	12:00-1:00 PM	Learn to swim youth		
5:30-8:00pm	Team Sports	Team Sports		Team Sports		1:00-2:00 PM	Open swim		
5:45-7:00pm			CPD swim club						
5:45-8:00pm	CPD swim club	CPD swim club		CPD swim club					
7:00-8:00 PM			Learn to swim adult		Aquatic exercise 2				
8:00-8:55 PM	Adult swim	Adult swim	Adult swim	Adult swim	Adult swim	OPEN SWIM DESCRIPTIONS Tot Family Swim • Max. Age for Tot is 6 years old. Family Swim • Maximum 3 kids per adult. • Adult must accompany children in water • For children 17 years or younger with adult Youth Swim • Minimum height requirement is 42" Lap Swim • Current Lap Swim Membership Required and I.D.			

****PLEASE NOTE: pool closed**
April 15, 16, 17, 18, 19, 20, spring break. May 27, Memorial Day.

For more information about your Chicago Park District
 visit www.chicagoparkdistrict.com or call (312) 742-PLAY or (312) 747-2001(TTY).
 City of Chicago, Rahm Emanuel, Mayor
 Chicago Park District Board of Commissioners
 Chicago Park District, Michael P. Kelly, General Superintendent & CEO

Pool Rules & Regulations

1. Obey the lifeguards and follow pool rules. They are there for your safety.
2. All persons are required to shower before entering the pool area.
3. Food and drink are not permitted in the pool area.
4. No smoking allowed in the pool area.
5. Clean swimwear is required.
6. No running allowed on pool deck.
7. Only clean footwear, baby strollers, or wheelchairs are allowed in the pool area. Persons in street clothes and street shoes are not allowed on the pool deck.
8. Persons with open wounds, excessive sunburn, abrasions that have not healed, or bandages of any kind cannot be allowed in the water.
9. Except during Park District classes, SCUBA gear is not allowed in the pool.
10. No flotation devices may be used in the pool.
11. Family Swim Parents/Guardians must accompany children in the water.
12. Children 8 and under, who are not at least 8" taller than the shallow end must be accompanied by an adult.